

**2018 Community Health Needs Assessment
2019-2021 Implementation Strategy**

Date Approved by

Authorized Governing Body: April 25th, 2019

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I. Rehabilitation Hospital of Indiana's Mission

Rehabilitation Hospital of Indiana provides personalized, compassionate care that enables individuals to regain hope and independence after life-changing injury or illness.

II. Purpose of a Hospital's Implementation Strategy

An Implementation Strategy outlines how a hospital plans to address community health needs and is intended to satisfy the requirements set forth in Internal Revenue Code Section 501(r)(3) regarding Community Health Needs Assessments (CHNA) and Implementation Strategy. The Implementation Strategy process is meant to align the hospital's resources and programs with goals, objectives and indicators for how the hospital plans to address identified health needs in the community.

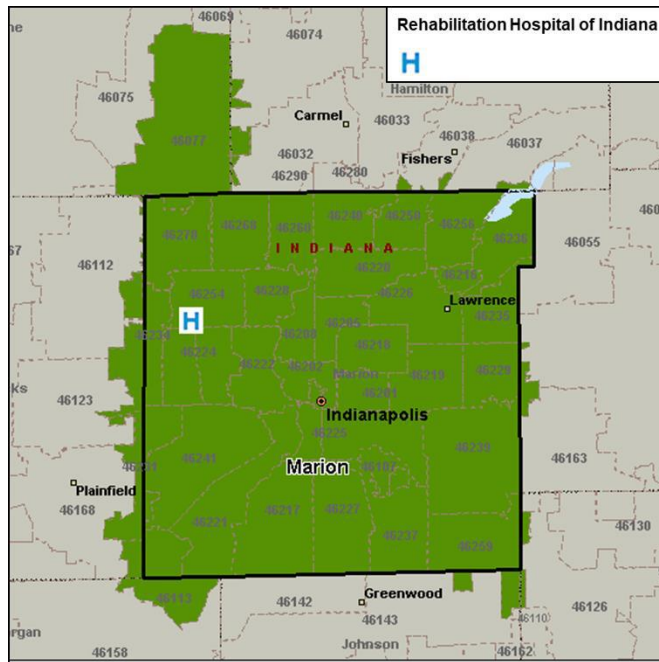
III. Description of Hospital

Rehabilitation Hospital of Indiana (RHI or "the hospital") is an acute care rehabilitation hospital that provides inpatient and outpatient rehabilitation services. RHI, located in Indianapolis, specializes in brain injury, spinal cord injury, stroke, and comprehensive medical rehabilitation for injuries resulting in loss of function. RHI has 91 licensed beds and is a community collaboration between Indiana University Health (IU Health) and St. Vincent Health.

RHI is dedicated to the community it serves. The hospital conducts a CHNA every three years to understand current community health needs and to inform strategies designed to improve community health. The CHNAs are conducted using widely accepted methodologies to identify the significant needs of the community served by the hospital. The assessments also are conducted to comply with federal laws and regulatory requirements that apply to tax-exempt hospitals.

IV. Community Definition

RHI's local community is defined as Marion County, Indiana. Marion County accounted for approximately 47 percent of the hospital's inpatient cases in 2017. The total population of the county in 2015 was 938,058. RHI also serves the State of Indiana as a whole. Accordingly, this CHNA also considers relevant community health needs across the entire state. The total population of the state in 2015 was 6,612,768.



Source: Microsoft MapPoint and RHI, 2018

V. Development of Implementation Strategy

This Implementation Strategy was developed by a team of members of senior leadership at RHI representing several departments of the organization, including administration, therapy, nursing, brain injury specialists, researchers, pharmacy, care coordination, finance, ancillary services and community relations.

Each year, senior leadership at RHI will review this Implementation Strategy to determine whether changes should be made to better address the health needs of its communities.

VI. Community Health Needs Identified

Secondary data, findings from other community health assessments of areas served by the hospital, input obtained from individuals who participated in community meetings, input obtained from key stakeholders, and a community survey were reviewed to identify and analyze the needs identified by each source. The top health needs of the RHI community are those that are supported by multiple data sources.

Needs are listed by category below, and those highlighted will be addressed between 2019 and 2021. See the 2018 RHI CHNA for more information: [Rehabilitation Hospital of Indiana CHNA](#)

1. Drug and Alcohol Abuse
2. Obesity and Diabetes
3. Smoking
4. Social Determinants of Health
5. Violence and Injuries
6. Other State-wide Concerns
 - a. Increasing Death Rate
 - b. Training for physicians and hospitalists to better diagnose Traumatic Brain Injury
 - c. High Cholesterol Relating to Stroke

VII. Community Health Needs Hospital Will Address

Community Health Needs Assessment Priority Area: Social Determinants of Health; Obesity and Diabetes			
Goal: <i>Provide healthy food to children when school is not in session.</i>			
Rehabilitation Hospital of Indiana (RHI) Community Health Needs Assessment Report Page: 8-9, 14, 16, 19, 23-25, 27-28, 51-53, 74, 76, 81, 86, 89			
Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Blessings in a Backpack	-Provide backpacks full of food for a weekend to children who are living in food insecure homes.	-Establish baseline in first year of program. -Determine how many backpacks can be collected and distributed in year one.	-Rehabilitation Hospital of Indiana staff -Local schools
*Estimated Annual Budget: \$6,000			
Additional Resources: Staff time, space, items for backpacks			
Drug and Alcohol Abuse		Obesity and Diabetes	
Social Determinants of Health			

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Social Determinants of Health			
Goal: <i>Improve educational opportunities for students.</i>			
Rehabilitation Hospital of Indiana (RHI) Community Health Needs Assessment Report Page: 9, 16, 23-24, 27, 89			
Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Volunteer reading program	-Provide educational opportunities for local school children.	-Increase the number of students benefitting from reading program annually.	-Rehabilitation Hospital of Indiana staff -Local schools
*Estimated Annual Budget: \$2,400			
Additional Resources: Staff time, space			
Drug and Alcohol Abuse		Obesity and Diabetes	
Social Determinants of Health			

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Social Determinants of Health			
Goal: <i>Improve educational achievements for children.</i>			
Rehabilitation Hospital of Indiana (RHI) Community Health Needs Assessment Report Page: 9, 16, 23-24, 27, 89			
Initiative	Strategies	Anticipated Impact	Internal/External Partnerships
Junior Achievement Job Spark Career Expo (JA Job Spark)	-Provide staff and volunteers for the JA Job Spark Career Expo.	-Increase the impact to greater than 2,000 children annually through the Rehabilitation Hospital of Indiana demonstration at JA Job Spark.	-Rehabilitation Hospital of Indiana staff -Junior Achievement
*Estimated Annual Budget: \$3,500			
Additional Resources: Space, staff time			
Drug and Alcohol Abuse		Obesity and Diabetes	
Social Determinants of Health			

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Drug and Alcohol Abuse			
Goal: <i>Help reduce the amount of unused or expired drugs in the community.</i>			
Rehabilitation Hospital of Indiana (RHI) Community Health Needs Assessment Report Page: 8, 24-25, 30, 72, 81, 85-86			
Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Drug Enforcement Agency (DEA) national take-back program	<ul style="list-style-type: none"> -Work with local police departments to implement an onsite drug take-back event. -Work with local media outlets to market drug take-back event. 	<ul style="list-style-type: none"> -Establish baseline in first year of program. -Provide one take-back event, possibly two. 	<ul style="list-style-type: none"> -Rehabilitation Hospital of Indiana pharmacy, security, and marketing staff -Local police -Local media
*Estimated Annual Budget: \$3,000-\$6,000 (1-2 events)			
Additional Resources: Staff time, space			
Drug and Alcohol Abuse		Obesity and Diabetes	
Social Determinants of Health			

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Drug and Alcohol Abuse			
Goal: <i>Help reduce drug and substance abuse through education.</i>			
Rehabilitation Hospital of Indiana (RHI) Community Health Needs Assessment Report Page: 8, 24-25, 30, 72, 81, 85-86			
Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Community opioid reduction education program	<ul style="list-style-type: none"> -Establish relationships with local schools for staff to provide educational material and presentations about opioid abuse. -Work with local Schools of Pharmacy to have pharmacy students present to classrooms. 	<ul style="list-style-type: none"> -Establish baseline in year one and two of program. -Measure number of attendees. -Test knowledge of learned material. 	<ul style="list-style-type: none"> - Rehabilitation Hospital of Indiana pharmacy staff - Pharmacy students - Local schools - Pharmacy schools
Budget: \$1,000			
Additional Resources: Space, staff time, training, GenerationRx material, pharmacy students			
Drug and Alcohol Abuse		Obesity and Diabetes	
Social Determinants of Health			

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health Needs Assessment Priority Area: Obesity and Diabetes			
Goal: <i>Improve access to fitness opportunities.</i>			
Rehabilitation Hospital of Indiana (RHI) Community Health Needs Assessment Report Page: 8-9, 14, 16, 19, 23-25, 28, 51-53, 74, 76, 81, 86			
Initiative	Strategies	Anticipated Impact	Internal/External Collaborations
Community fitness programs	<ul style="list-style-type: none"> -Rehabilitation Hospital of Indiana Community Fitness Program to provide exercise programs to community members. -Indianapolis Public Schools (IPS) Sports Physicals. 	<ul style="list-style-type: none"> -At least 600 visits a year to the community fitness program. -Provide at least 50 free physicals to Indianapolis Public Schools (IPS) students. 	<ul style="list-style-type: none"> -Rehabilitation Hospital of Indiana staff -Indianapolis Public Schools (IPS) -IU Health
*Estimated Annual Budget: \$4,350			
Additional Resources: Rehabilitation Hospital of Indiana (RHI) equipment			
Drug and Alcohol Abuse		Obesity and Diabetes	
Social Determinants of Health			

*The budget associated with this strategy is an estimate and should be regarded as such.

Community Health needs Assessment Priority Area: Obesity and Diabetes			
Goal: <i>Increase students' awareness of the importance of healthy lifestyle choices.</i>			
Rehabilitation Hospital of Indiana (RHI) Community Health Needs Assessment Report Page: 8-9, 14, 16, 19, 23-25, 28, 51-53, 74, 76, 81, 86			
Initiative	Strategies	Anticipated Impact	Internal/External Partnerships
Encourage healthy lifestyles among school-age children	-Rehabilitation Hospital of Indiana (RHI) will provide education in local schools on food and nutrition and on health and wellness.	-Greater than 20% of students participate in education program.	-Rehabilitation Hospital of Indiana staff -Local schools
*Estimated Annual Budget: \$3,100			
Additional Resources: Items for distribution (pedometers, etc.)			
Drug and Alcohol Abuse		Obesity and Diabetes	
Social Determinants of Health			

*The budget associated with this strategy is an estimate and should be regarded as such.

VIII. Community Health Needs Hospital Will Not Address

RHI is unable to address those community health needs that do not relate directly to the Hospital's mission to deliver healthcare. These are needs that other governmental agencies and/or community organizations have the most appropriate expertise and resources to address.

RHI is unable to address the following community health needs identified in the 2018 Community Health Needs Assessment:

Smoking

RHI is unable to address the high smoking rates in Marion County and Indiana as a whole. Other community organizations are currently addressing this need. Additionally, the hospital does not have the expertise and resources to address the issue effectively.

Violence and Injuries

RHI does not have the expertise and resources to impact violence and crime rates in Marion County. Additionally, this need is being addressed by others including Indiana Coalition against Domestic Violence.

Increasing Death Rate

RHI does not have the necessary resources to impact the increase in death rates.

Training for Physicians and Hospitalists to Better Diagnose Traumatic Brain Injury

The hospital already provides training to physicians and healthcare providers in the community. We do not have the resources at this time to provide additional trainings. RHI also collaborates with BIAI (Brain Injury Association of Indiana) to provide support groups for individuals recovering from a brain injury.

High Cholesterol Relating to Stroke

The hospital does not have the resources to decrease the high cholesterol rates that are contributing factors to stroke. RHI currently collaborates with BIAI (Brain Injury Association of Indiana) to provide support and resources for stroke survivors.