



2022 Community Benefit Annual Report

12/2022



Introduction

Rehabilitation Hospital of Indiana (RHI) is an acute care rehabilitation hospital for inpatient and outpatient rehabilitation. RHI specializes in brain injury, spinal cord injury, stroke, and comprehensive medical rehabilitation for injuries or illnesses resulting in loss of function. The hospital has 91 licensed beds and is a community collaboration between Indiana University Health and St. Vincent Health.

RHI is dedicated to the community it serves. The hospital conducts a Community Health Needs Assessment (CHNA) every three years to understand the current community health needs and to inform strategies designed to improve community health. The CHNAs are conducted using widely accepted methodologies to identify the significant needs of the community served by the hospital. The assessments are also conducted to comply with federal laws and regulatory requirements that apply to tax-exempt hospitals.

RHI follows federal guidelines for reporting community benefit – programs designed to improve health, increase access to healthcare services, improve community wellness, and other community investments. As defined by these guidelines, community benefit includes charity care, unreimbursed costs of government-sponsored programs, support for medical research, and support for other services which provide care and health and wellness services to the community.

“Positively Impacting Our Community”

The following highlights programs and activities implemented by RHI this past year to impact the priority needs identified by the most recent CHNA:

Obesity and Diabetes

IPS Sports Physicals - RHI's Community Benefit program is focused on carrying our mission outside the walls of our hospital to serve and impact the top health needs identified in our community. The prevalence of obesity and diabetes was one specific health need identified as significant in our community. In America's Health Rankings, Indiana ranks 41st for diabetes and 40th for obesity. Both are known risk factors for stroke and contribute to risks associated with falls and other injuries. To help promote access to physical activity for high school students, RHI team members partnered with our colleagues at IU Health on Thursday, May 12th at Washington High School and Wednesday, May 18th at Crispus Attucks High School to provide free sports physical screens for IPS students from local schools. Volunteer roles included greeting, screening for vision and measuring the height, weight and blood pressure of student athletes. Because of these collaborative efforts, we have helped over 80 Marion County high school students stay active by passing the required physicals that will allow them to stay active and participate in sports

activities. THANK YOU to our amazing volunteers for their efforts to positively impact the health needs of our community. Together we truly make a difference!!



Social Determinants of Health

Spring Volunteer Reading Program - In the recently conducted CHNA, Indiana ranked in the bottom half of states for a variety of Social Determinant of Health issues. One specific issue was the fact that educational achievement (high school graduation rates) in Marion County is below the U.S. average. A lack of educational achievement complicates efforts to assure community members are aware of health issues and injury prevention strategies. RHI was proud to partner with Jonathan Jennings Elementary School 109 for the Spring Volunteer Reading Program impacting approximately 82 students. Our volunteers committed to spending one hour per week for 4 sessions to assist teachers and students in the 2nd grade with reading, journaling, and other lesson planning activities. Research supports the benefits of volunteer reading programs and the impact on reading proficiency. Additionally, students who are involved in such programs with adult reading volunteers demonstrate improved school attendance, a major predictor of graduation rates. THANK YOU to our amazing volunteer team for their efforts to positively impact the health needs of our community.



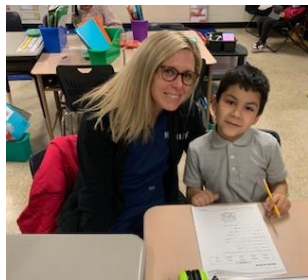
Junior Achievement JobSparks – On September 20th and 21st, RHI team members partnered with other local organizations and industry leaders to support the 2022 JA JobSparks event at the Indiana State Fairgrounds. This two-day career expo impacted over 10,000 Indianapolis eighth graders by providing hands on learning experiences meant to “spark” an interest in students and provide a greater understanding of the coursework and skills required to be successful in a wide range of careers. Research shows that when students have an idea of what they might want to do after high school, they are more likely to stay in school and graduate. RHI therapists assisted with this year’s event by providing interactive, job-specific experiences and sharing their clinical expertise on careers in occupational and speech therapy.



Habitat for Humanity – On Friday, October 14th, Team RHI members partnered with Greater Indy Habitat for Humanity to support a build day on the West side of Indianapolis. Our volunteers shared their time and talents painting and putting on the finishing interior touches for the Tutt family’s new house. RHI continues to welcome the opportunity to serve our community. In the most recent Community Health Needs Assessment, Marion County ranks poorly for severe housing problems and percent of households rent burdened. In addition to stable housing, research shows that homeownership leads to many additional benefits including improved mental health, decreased reliance on social services, and improved academic achievement of children. As a result of these collaborative efforts, Ms. Tutt and her daughter will soon be owning their first Habitat home. Thank you to all our volunteers and their efforts in carrying our mission outside the walls of our hospital to positively impact the health needs of our community.



Fall Volunteer Reading Program - In the recently conducted CHNA, Indiana ranked in the bottom half of states for a variety of Social Determinant of Health issues. One specific issue was the fact that educational achievement (high school graduation rates) in Marion County is below the U.S. average. A lack of educational achievement complicates efforts to assure community members are aware of health issues and injury prevention strategies. RHI was proud to partner with Jonathan Jennings Elementary School 109 for the Fall Volunteer Reading Program this year impacting approximately 30 children. Our volunteers committed to assisting teachers and students in the 2nd grade with reading, journaling, and other lesson planning activities. Research supports the benefits of volunteer reading programs and the impact on reading proficiency. Additionally, students who are involved in such programs with adult reading volunteers demonstrate improved school attendance, a major predictor of graduation rates.



Student Book Gifting Program – As part of RHI’s commitment to support educational achievement, RHI sponsored a Book Gifting Program for the students at Jonathan Jennings Elementary School 109. On Tuesday, December 20th, RHI employees distributed new, age-appropriate books to each of the 299 students at the school. Additional funding was provided to support the stocking of the school’s new book vending machine, thus allowing selected students to be rewarded with a new book throughout the school year. This is the third year RHI has supported this initiative that focuses on providing students with high quality reading resources. Research suggests that 60% of students in the United States do not own a book at their reading level at home. This statistic is even higher for low income households. RHI looks forward to supporting future programs and initiatives that contribute to the educational successes of students in Marion County.

