



2025 – 2027 Implementation Strategy

2024 Community Health Needs Assessment

Date Adopted by Authorized Governing Body of Hospital:
May 6, 2025



REHABILITATION
HOSPITAL OF INDIANA

TABLE OF CONTENTS

- I. Rehabilitation Hospital of Indiana's Mission
- II. Purpose of a Hospital's Implementation Strategy
- III. About the Hospital
- IV. Community Definition
- V. Development of Implementation Strategy
- VI. Community Health Needs Identified in the CHNA
- VII. Community Health Needs Hospital Will Address
- VIII. Community Health Needs Hospital Will Not Address

I. Rehabilitation Hospital of Indiana's Mission

Rehabilitation Hospital of Indiana provides personalized, compassionate care that enables individuals to regain hope and independence after a life-changing injury or illness.

II. Purpose of a Hospital's Implementation Strategy

Every three years, Rehabilitation Hospital of Indiana conducts a community health needs assessment and creates an implementation strategy. This process helps the hospital improve community health by focusing resources on initiatives, programs and policies that address health needs in the community served by the hospital.

The implementation strategy is a written plan that describes:

- Actions the hospital intends to take to address significant community health needs identified in the latest community health needs assessment
- Anticipated impact of the hospital's actions
- Resources the hospital plans to commit to address the health need
- Planned collaboration between the hospital and other organizations in addressing the health need
- Any significant community health needs the hospital does not intend to address in the latest CHNA

Rehabilitation Hospital of Indiana's process follows the Internal Revenue Service (IRS) Tax Code 501(r) requirements set forth by the Patient Protection and Affordable Care Act (PPACA).⁵

III. About the Hospital

RHI is an acute care rehabilitation hospital that provides inpatient and outpatient rehabilitation services. RHI, located in Indianapolis, specializes in brain injury, spinal cord injury, stroke, transplant, and comprehensive medical rehabilitation for injuries resulting in loss of function. RHI has 91 licensed beds and is a community collaboration between Indiana University Health (IU Health) and Ascension St. Vincent. Additional information about RHI is available at: <https://www.rhirehab.com/>.

RHI is dedicated to the community it serves. The hospital conducts a CHNA every three years to understand current community health needs and to inform strategies designed to improve community health. This CHNA is conducted using widely accepted methodologies to identify the significant needs of the community served by the hospital. The assessment also is conducted to comply with federal laws and regulatory requirements that apply to tax-exempt hospitals.

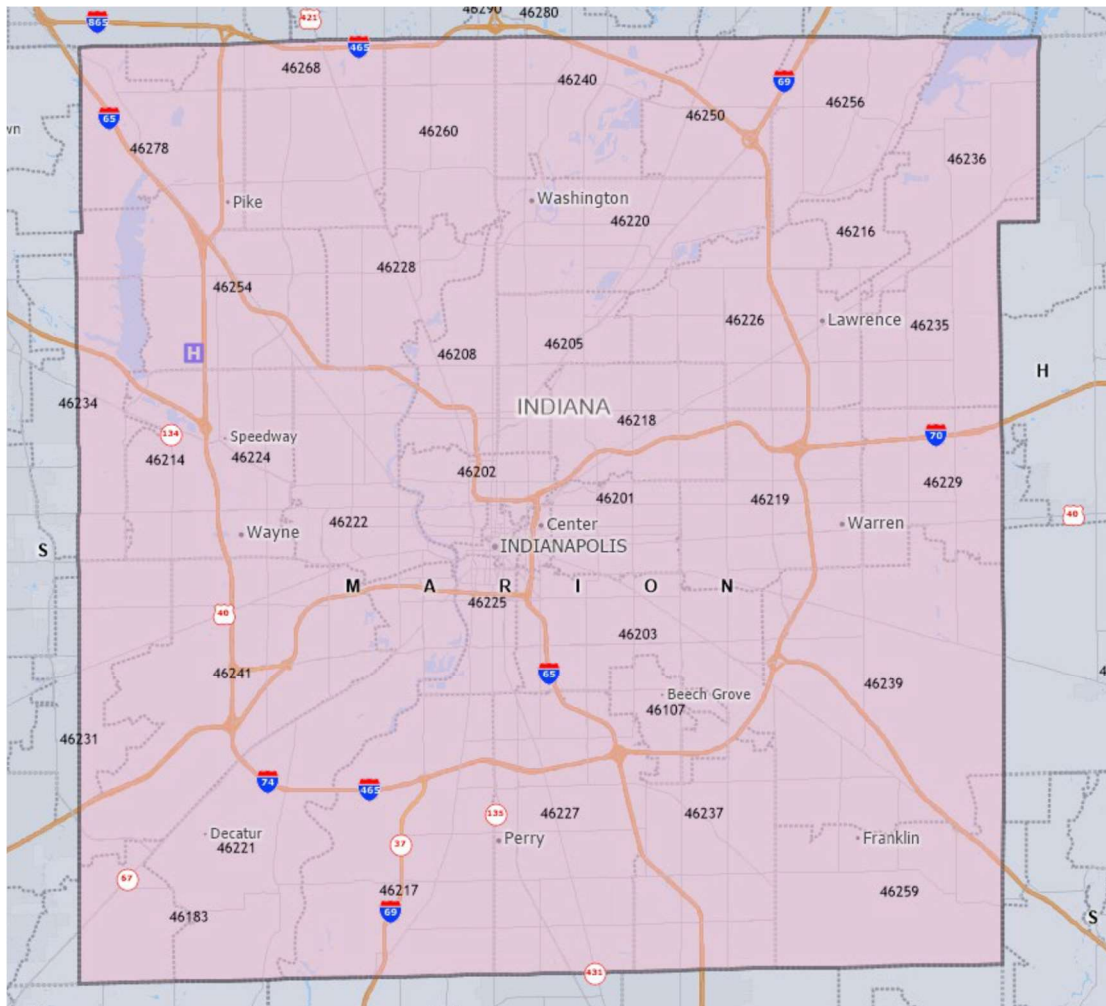
IV. Community Definition

RHI provides services for patients from central Indiana and across the state of Indiana. For purposes of this CHNA, RHI's "local community" is defined as Marion County, Indiana. The total population of Marion County in 2023 was 968,460.

RHI also serves patients from across the state of Indiana. Accordingly, this CHNA considers relevant community health needs across the state. The total population of Indiana in 2023 was 6,862,199.

As permitted by federal regulations, this CHNA focuses on community health issues relevant to rehabilitation services.

The following maps portray these communities.





V. Development of Implementation Strategy

This Implementation Strategy was developed by the Community Benefit Committee at RHI and approved by the Hospital's Governing Body.

Each year, senior leadership and the Community Benefits Committee at RHI will review this implementation strategy to determine if changes should be made to better address the health needs of the community.

VI. Community Health Needs Identified in the CHNA

The 2025 – 2027 implementation strategy was developed by Rehabilitation Hospital of Indiana in response to the identified significant community health needs in the 2024 community health needs assessment. The CHNA process was informed by data sources gathered in January through October of 2024.

- Demographic, health condition, health behavior and social determinants of health data.
- Findings from other community health assessments of the hospital's local community, if available.
- Findings from the community input process.
- When present, health disparities are highlighted across the different data sources.

Many health needs were identified in the 2024 CHNA process. The Hanlon Method was used for prioritizing health needs in the community by rating them against specific criteria and identifying the issues with the highest scores. The final list of significant community health needs in the 2024 CHNA are listed below, in alphabetical order.

For more information on the CHNA process, a summary of the significant community health needs, highlights of the multiple data sources that support the health needs and for a copy of the 2024 RHI CHNA, please visit <https://www.rhirehab.com/about-us/rhi-in-the-community/>.

Based on the assessment of the above data sources, the following community health needs have been identified (in alphabetical order) as significant in the community served by RHI. Those highlighted will be addressed by RHI between 2025 and 2027.

- Access to Health and Preventive Services
- Mental Health Status
- Nutrition, Physical Activity, and Chronic Conditions
- Social Determinants of Health
- Smoking
- Substance Use Disorder
- Violence and Injuries

VII. Community Health Needs Hospital Will Address

Community health need: Nutrition, Physical Activity & Chronic Conditions

Goal: Reduce the burden of chronic disease and improve quality of life for residents who have, or are at risk, for chronic disease			
Objectives: By December 31, 2027, <ul style="list-style-type: none"> • Support healthy lifestyles by promoting access to physical activity for students in the community. • Increase awareness of students and community members of the importance of healthy lifestyle choices. • Increase opportunities for community members to be successful in coping with chronic conditions involving brain and spinal cord injuries. 			
Strategic Initiative	Performance Indicator	Internal/External Partners	Hospital Resources*
Indianapolis Public Schools (IPS) Student Sports Physical Screening	<ul style="list-style-type: none"> • Provide at least 50 free physical screens to IPS students; Yearly, increase the number of students impacted 	-RHI Staff -Indianapolis Public Schools -IU Health	\$2000/year Staff time Potential equipment/supplies
Community Health Fairs	<ul style="list-style-type: none"> • Completion of a least 1 Health Fair annually with goal of impacting approximately 100 community members 	-RHI Staff -Local hospital and healthcare organizations	\$1000/year Staff time
Monthly Brain Injury and Spinal Cord Injury Support Groups	<ul style="list-style-type: none"> • Host monthly community support groups impacting 132 participants annually. 	-RHI Staff -Brain Injury Association of Indiana (BIAI)	\$2000/year Staff time
Indianapolis Public School (IPS) Health and Wellness education programming	<ul style="list-style-type: none"> • Annual completion of education programming with > 50% student participation at local community elementary school(s) 	-RHI Staff -Local school(s)	\$3000/year Staff time Potential equipment/supplies

*The budget for this strategy is an estimate and should be regarded as such.

Community health need: Social Determinants of Health

Goal: Reduce the burden of social and economic barriers keeping people from achieving their full potential for health and overall well-being.			
Objectives: By December 31, 2027, <ul style="list-style-type: none"> Increase the health and well-being of the community by addressing the impact of social, economic, physical, and/or environmental factors on health. 			
Strategic Initiative	Performance Indicator	Internal/External Partners	Hospital Resources*
Volunteer Reading Program	<ul style="list-style-type: none"> Impact at least 50 students annually to positively impact reading literacy 	-RHI Staff -Local school(s)	\$4000/year Staff time
Junior Achievement (JA) JobSpark Career Expo	<ul style="list-style-type: none"> Participate in at least 1 student job fair annually 	-RHI Staff -Junior Achievement	\$3500/year Staff time Cash donation/ sponsorship
Free Patient Prescription fills	<ul style="list-style-type: none"> Supply at no or discounted cost medications needed for approximately 15 discharging patients annually 	-RHI Staff	\$4000/year
Blessings in Backpacks	<ul style="list-style-type: none"> Provide healthy, ready-to-eat food for >100 students/year 	-RHI Staff -Local school(s)	\$2000/year Staff time Backpacks Healthy food items
Servants at Work (SAW) ramp builds	<ul style="list-style-type: none"> Build at least 1 ramp/year for community members in need 	-RHI Staff -Servants at Work	\$7000/year Staff time Cash donation/ sponsorship

*The budget for this strategy is an estimate and should be regarded as such.

VIII. Community Health Needs Hospital Will Not Address

RHI is unable to address all of the significant health needs identified in the local community. This is not meant to minimize the importance of any health need or the integrity of the CHNA process. Rehabilitation Hospital of Indiana is a mission and values driven hospital; therefore, addressing community health needs that align with the hospital's mission will have the greatest opportunity to activate and leverage hospital resources as well as maximize current strategic collaborations with community-based partners.

This implementation strategy will not directly address the following community health needs identified in the 2024 community health needs assessment. The hospital will continue to seek opportunities to collaborate with community-based organizations to develop and use best practices to address these needs in the community.

Access to Health and Preventive Services

RHI has constraints in the necessary resources to effectively address this need. Other community hospitals and organizations are currently addressing this identified need.

Mental Health Status

RHI has constraints in the necessary resources and a relative lack of expertise to effectively address this need. Other agencies within the community are addressing this need.

Smoking

RHI is unable to address the high smoking rates in Marion County and Indiana as a whole. Other community organizations are currently addressing this need. In addition, RHI lacks resources and expertise to effectively address this need.

Substance Use Disorder

RHI is unable to address this need. Other community organizations are currently addressing this need. Additionally, there are resource constraints and a lack of expertise to effectively address the need.

Violence and Injuries

RHI does not have the expertise and resources to impact violence and crime rates in Marion County. Additionally, this need is being addressed by other organizations within the community.

Please contact <https://www.rhirehab.com/contact-us/> with additional questions.

